

Carole Dobrich RN, IBCLC

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Languages spoken: English and French
Languages Written: English

Computer skills: Word, Excel, PowerPoint

Education

2006
International Board Certified Lactation Consultant (IBCLC)
International Board of Lactation Consultant Examiners (IBLCE)
Recertification by Exam

2001
International Board Certified Lactation Consultant (IBCLC)
International Board of Lactation Consultant Examiners (IBLCE)
Recertification by Continued Education Hours

1996
International Board Certified Lactation Consultant (IBCLC)
International Board of Lactation Consultant Examiners (IBLCE)
Certification by Exam

1994
Vanier College, Montreal
Biology 301

1986 - 1987
Vanier College, Montreal
Nursing V & VI

1984
St. Vincent's Hospital, Australia
Student Midwife - Incomplete

1980 - 1983
Princess Alexandra Hospital, Australia
General Nursing Certificate

Employment

2004 – Present
MILC (Montreal Institute for Lactation Consultants)
Lactation Training Programme (French and English)
Founder and Educator

2002 - Present

HFPC - Goldfarb Breastfeeding Program
 Sir Mortimer B. Davis - Jewish General Hospital
 Senior Lactation Consultant manager and Lactation Educator

2000 - 2002

Breastfeeding Clinic (VMS Clinic - Outremont)
 Lactation Consultant / Coordinator

1997 - 2002

Coordinator - Mother and Baby Support Group
 Royal Victoria Hospital (Tuesdays)

1996 - 2004

Self Employed Lactation Consultant in private practice
 Telephone Consultations & Home Visits
 Professional in-service training
 Breast pump rental station

1994 - 2001

Childbirth Education - Toula Hatherall
 Royal Victoria Hospital
 Breastfeeding Educator / Prenatal Educator

Publications

Près du cœur: Témoignages et réflexions sur l'allaitement, les édition du remue-ménage,
Chapter 6: Allaitement et sexualité page 357 – 368 co-author Chantal Lavigne

Ankyloglossia in Breastfeeding Infants: The Effect of Frenotomy on Maternal Nipple Pain and Latch. Anjana Srinivasan, Carole Dobrich, Howard Mitnick and Perle Feldman. *Breastfeeding Medicine Volume 1, Number 4, 2006 © Mary Ann Liebert, Inc.*

Nominations and Awards

2009 Awarded the Linda J Smith Award
 Nominated for the AQC Award

2008 Nominated for the AQC and Linda J Smith Award

Clinical Teaching

2008 – Present

Faculty Lecturer
McGill University - Department of Family Medicine

2004 – Present

HFPC - Goldfarb Breastfeeding Program
Sir Mortimer B. Davis - Jewish General Hospital
 Teach, educate and evaluate in a clinical setting medical students, residents, maternal and child fellows, nurses, lactation consultants and breastfeeding students about normal /abnormal breastfeeding behaviour /situations. Management skills, breastfeeding assessment both mother and infant, communication skills related to breastfeeding evaluation. Inform about current world wide recommendations related to infant feeding e.g. Global Strategies for Infant and Young Child Feeding, International Code of Marketing of Breastmilk Substitutes.

Workshops & Presentations

April 2009 – February 2010

MILC Lactation Training Programme (French)
 Lactation Exam preparation courses
 Co-teaching with Odile Lapointe
 Hôpital Cité de la Santé
 Laval, Quebec, Canada

November 2008

Breastfeeding Basics for Practicing Physicians

Family Medicine Forum
 Co-presented with Anjana Srinivasan, MDCM, CCFP, IBCLC,
 Perle Feldman, MDCM, FCFP, Lisa Graves, MD, CCFP, Howard Mitnick, MDCM, CCFP
 Toronto, Ontario, Canada

Taboo Topics

21ème symposium de la Ligue La Leche
 Montreal, Quebec, Canada

July 2008

Taboo Topics post conference workshop

ILCA/USLCA 2008 Conference
 One Voice, Uniting the Profession - Practice, Professionalism, Policy
 Red Rock Resort, Spa and Casino
 Las Vegas, Nevada, USA

March 2008

Ethics and Lactation

St Mary's Hospital
 Montreal, Quebec, Canada

October 2007 – March 2008

MILC Lactation Training Programme (English and French)
 Lactation Exam preparation full day courses
 Jewish General Hospital – H Pavilion
 Montreal, Quebec, Canada

October 2007

Breastfeeding Basics for Practicing Physicians
 Family Medicine Forum,
 Co-presented with Anjana Srinivasan, MDCM, CCFP, IBCLC,
 Perle Feldman, MDCM, FCFP, Lisa Graves, MD, CCFP,
 Howard Mitnick, MDCM, CCFP
 Winnipeg, Manitoba, Canada

July 2007

ILCA 2007 Conference, Controversies in Lactation,
 "ILCA Issues Forum 2007: Should ILCA Allow All Commercial Enterprises to Exhibit at an
 ILCA Conference?" - CON viewpoint
 San Diego, California, USA

June 2007

Breastfeeding Basics for Practicing Physicians
 St Mary's Workshop
 Co-presented with Anjana Srinivasan, MDCM, CCFP, IBCLC,
 Perle Feldman, MDCM, FCFP, Lisa Graves, MD, CCFP,
 Howard Mitnick, MDCM, CCFP
 Montreal, Quebec, Canada

March 2007

Human Milk For Human Babies: Breastfeeding initiation and management
 Co-presented with Anjana Srinivasan MDCM IBCLC
 Montreal, Quebec, Canada

November 2006

Breastfeeding Basics for Practicing Physicians
 Family Medicine Forum
 Co-presented with Anjana Srinivasan, MDCM, CCFP, IBCLC,
 Perle Feldman, MDCM, FCFP, Lisa Graves, MD, CCFP,
 Howard Mitnick, MDCM, CCFP
 Quebec City, Quebec, Canada

October 2006 – February 2007

MILC Lactation Training Programme
 Lactation Exam preparation full day courses
 Jewish General Hospital – H Pavilion
 Montreal, Quebec, Canada

October 2006 – February 2007

MILC Lactation Training Programme (French)
 Lactation Exam preparation full day courses
 Co-teaching with Odile Lapointe IBCLC
 LaSalle Hospital
 Montreal, Quebec, Canada

May 2006

La p'tite journée de l'AQC
 "The International Code on the Marketing of Breastmilk Substitutes"
 Montreal, Quebec, Canada

November 2005

La Legue Leche symposium
 L'évolution des pratiques de l'allaitement (Play)
 Montreal, Quebec, Canada

September 2005 – March 2006

MILC Lactation Training Programme
 Lactation Exam preparation full day courses
 St. Mary's Hospital
 Montreal, Quebec, Canada

July 2005

Poster Presentation ILCA international conference
 Lactation Consultants Delegation to South Africa
 Chicago, Illinois, USA

January 2005 – March 2006

MILC Lactation Training Programme
 Lactation Exam preparation ½ day courses
 St. Mary's Hospital
 Montreal, Quebec, Canada

October 2004

La Legue Leche symposium
 Case Study Presentations
 Ankyloglossia, Insufficient Glandular Tissue and Breast Reduction
 Montreal, Quebec, Canada

September 2004 – March 2005

MILC Lactation Training Programme
 Lactation Exam preparation full day courses
 St. Mary's Hospital
 Montreal, Quebec, Canada

July 2004

ILCA international conference –
 Teaching Clinical Breastfeeding Skills to Health Care Providers
 Co-presented with Dr Perle Feldman
 Scottsdale, Arizona, USA

January 2004 – February 2005

MILC Lactation Training Programme
 Lactation Exam preparation ½ day courses
 St. Mary's Hospital
 Montreal, Quebec, Canada

January 2004 – June 2004

MILC Lactation Training Programme
 Lactation Exam preparation full day courses
 St. Mary's Hospital
 Montreal, Quebec, Canada

Lectures / Courses attended**2009**

3rd ANNUAL AQC BIG CONFERENCE Montreal, Quebec
 Nancy Wight, Lisa Marasco

13th ANNUAL BREASTFEEDING CONFERENCE (OVLC)
 The Wonders of Human Milk – Ottawa, Ontario
 Lars Hanson, Judy Hopkinson

2008

21ème symposium de la Ligue La Leche
 La culture de l'allaitement
 Montreal, Quebec

WABA Breastfeeding and Complementary Feeding and Foods Workshop
 Global Breastfeeding Partners' Meeting (GBPM7)
 Penang, Malaysia

ILCA/USLCA 2008 Conference - One Voice, Uniting the Profession - Practice,
 Professionalism, Policy – Las Vegas, Nevada, USA
 2nd ANNUAL AQC BIG CONFERENCE Montreal, Quebec
 Donna Geddes, Dan Sellen and Molly Pessi

12th ANNUAL BREASTFEEDING CONFERENCE (OVLC)
 Breastfeeding Management Clinical and Ethical Concerns – Ottawa, Ontario
 Liz Brooks, Marsha Walker

Florida Lactation Consultants Association
 Milk Madness: What Lactation Specialists Deal With Every Day

14th Conference of the International Society for Research in Human Milk and Lactation
 (ISRHML) The University of Western Australia, Perth, Australia – multiple speakers

The International Conference on the Theory and Practice of Human Lactation Management
 and Breastfeeding Research: Orlando, Florida, USA
 Healthy Children Project – multiple speakers

2007

Ensemble, créons une culture d'allaitement: Montreal, Quebec
 Monik St-Pierre, Manon Niquette, Manon Méthôt, Nancy Pilote
 La Leche League Symposium on Breastfeeding: Montreal, Quebec

ILCA 2007 Conference, Controversies in Lactation, San Diego, California, USA

1st ANNUAL AQC BIG CONFERENCE Montreal, Quebec
Brian Palmer, Nils Bergman

11th ANNUAL BREASTFEEDING CONFERENCE (OVLC)
The Importance of Human Milk for Human Infants: Ottawa, Ontario.
Catherine Watson Genna and Frances Jones

Healthy Children Project International Conference on the Theory and Practice of Human Lactation Research and Breastfeeding Management, Orlando, Florida.

Healthy Children Project International Conference: Pre-conference workshop: Optimizing Breastfeeding for the Pre-Term Population, Orlando, Florida.

Healthy Children Project International Conference: Ethics and Lactation Support, Orlando, Florida.

Healthy Children Project International Conference: Pre-conference workshop: Are You Working Harder than the Mother? A Breastfeeding Management Skill Lab, Orlando, Florida.

Healthy Children Project International Conference: Pre-conference Special Event Workshop; Learning from our Sisters of the Sea: Pregnancy, Birth, and Lactation of Aquatic Mammals, Orlando, Florida.

2006

Induced Lactation and Relactation presented by Lenore Goldfarb, featured guest speaker, Québec Lactation Consultants Annual General Meeting and Conference, Terrebonne, Québec, Canada.

La Leche League Symposium on Breastfeeding: Montreal, Quebec

International Lactation Consultant Association (ILCA) Annual Conference: Interdisciplinary Breastfeeding Practice: Integration through Information, Philadelphia, USA.

Healthy Children Project International Conference on the Theory and Practice of Human Lactation Research and Breastfeeding Management, Orlando, Florida, USA.

Healthy Children Project International Conference on the Theory and Practice of Human Lactation Research and Breastfeeding Management Pre-Conference Workshop: Case Studies in Breastfeeding: A Clinical Skill Building Lab, Orlando, Florida, USA.

Healthy Children Project International Conference on the Theory and Practice of Human Lactation Research and Breastfeeding Management Pre-Conference Workshop: Bedsharing, Orlando, Florida, USA

Healthy Children Project International Conference on the Theory and Practice of Human Lactation Research and Breastfeeding Management Pre-Conference: Ethics of Donor Human Milk Banking, Orlando, Florida, USA

Healthy Children Project International Conference on the Theory and Practice of Human Lactation Research and Breastfeeding Management Pre-Conference Workshop: Learning from Our Sisters of the Sea: Pregnancy, Birth, and Lactation of Aquatic Mammals, Sea World, Orlando, Florida, USA

Infact Canada - Breastfeeding: Good health for the family: Toronto, Canada.
Nils Bergman, James McKenna, Barbara Wilson-Clay, Gail Blair Storr

10th ANNUAL BREASTFEEDING CONFERENCE (OVLC)
Breastfeeding: a Public Health Imperative: Ottawa, Ontario.
Molly Pessl and Kathryn G. Dewey

2005

Human Milk Banking: A Global Perspective on Best Practices: Alexandria, Virginia, USA
HMBANA International Conference.

Protecting the Mother-Baby Continuum: Ottawa, Ontario. Dr. Nils Bergman and Linda Smith
International Lactation Consultant Association (ILCA) Annual Conference: Breaking the
Barriers to Breastfeeding: Research, Policy and Practice, Chicago, Illinois, USA

The Niagara Breastfeeding Coalition & Hamilton Regional Lactation Committee Conference:
Art and Evidence in Breastfeeding, Niagara Falls, Ontario, Canada

2004

People to People Ambassador Programme
Lactation Consultants Delegation to South Africa

Montreal Lactation Consultants Group: Case Studies, Montreal, Quebec, Canada

The Vermont Lactation Consultant Association 11th Annual Professional Lactation
Conference, Burlington, Vermont, USA

International Lactation Consultant Association (ILCA) Annual Conference: Best Practice:
Supporting Breastfeeding Worldwide, Scottsdale, Arizona, USA.

Professional Associations and Membership

- International Lactation Consultant Association (ILCA)
- Canadian Lactation Consultant Association (CLCA)
- Association québécoise des consultants en lactation diplômées de l'IBLCE (AQC)
- Order of Nurses of Quebec (ONQ)
- INFACt Canada
- INFACt Quebec
- Human Milk Bank Association of North America (HMBANA)
- World Alliance for Breastfeeding Action - North America (WABANA)

Volunteer Work

- ILCA (Code Committee 2005 -2007) (Ethics and Code Committee 2008 - present)
- CLCA (Affiliate director and Vice President October 2006 – June 2008)
- AQC (President 2004 – 2008, conference committee 2007 - present)
- Canadian Breastfeeding Foundation (Vice President – Education Director)
- Comité Régional en Allaitement Maternel – Montreal Breastfeeding Challenge Committee
- Quebec Breastfeeding Committee (2004 – 2008)
- Association de Santé Publique du Québec (ASPQ) (Perinatal Committee; WABA forum 2010 Committee)
- Advisory Committee to research team evaluating the implementation of Quebec's breastfeeding policy "L'allaitement maternel au Québec : Lignes directrices"